

Healthy Lifestyles Sessions

FRIDAY SESSIONS

1 PM - 3 PM

Friday 26th Feb Visit to Newton Dee Village

Friday 5th March Members Meeting

Friday 12th March Planning Meeting

Friday 19th March Dominoes Competition

**Friday 26th March Royal Navy presentation
(to be confirmed)**

Friday 2nd April Members Meeting

**for further information
see Pauline or Robi**